



Bucket Fillers



This school year our class will continue to embark on the journey to become bucket fillers.



Bucket Fillers is a springboard to the educational character development program Bucketfillers for Life developed by Merrill Lundgren also known as "The Bucket Man."

The objective is to teach students to become bucket fillers and not bucket dippers.

Bucket fillers are kind, generous, and considerate.

Bucket dippers act rude, mean, and selfish. When they dip from your bucket, inadvertently they are also dipping from their own bucket leading to negative feelings.



The overall goals of this program is to teach students to:

Put others feelings ahead of their own.
Decrease the incidence of bullying.
Take responsibility for their actions.
Help to create a safe, warm, and caring environment.

Our focus this year will be to fill one another's "Buckets" and to teach students appropriate ways to deal with those trying to empty their "Buckets". Putting a "Lid on the Bucket" is a good way to prevent it from being emptied. Bucket Filling is something everyone can do and practice everyday.

Have you filled someone's "Bucket" today?

Visit their website at:
<http://www.bucketfillersforlife.com>

